

## Competitor's Only - 2021 Swimming Carnival Permission Note

Dear Parents and Carers

Due to the current COVID restriction stating a maximum of 500 people at the Dickson Pool including school staff and students we will no longer be hosting a whole school carnival. The swimming carnival will still go ahead for any students who are turning 8 to 12 years old this year. Any students who are not competing in the carnival will remain at school and engage in their normal learning programs.

Recent advice from SSACT advises that in 2021 some of our Primary regional events will exceed the 500 people maximum. Therefore School Sport ACT and our Swimming ACT Liaison, have been required to implement the following conditions to ensure we are compliant.

For the 2021 Primary Regional Carnivals and 12&U ACT Championship events all 8 and 9-year-old events will be removed from the program. **8 and 9-year-olds are not eligible for State Team selection** and this is the fairest entry restriction mechanism across all schools.

**Parents/Spectators will not be permitted to attend the event and enter the pool deck area.**

If your child would like to compete in any of the swimming races (*50m Freestyle, 50m Backstroke, 50m Breaststroke, 50m Butterfly*) please circle in the boxes provided on the Aquatic Activity form (attached). If you are yet to complete a medical information and consent form, please return this also.

Please note that all students are required to successfully complete a Royal Life Saving Society ACT Survival Challenge Proficiency Test prior to any water activities. This test will include 4 steps:

1. Perform a slide-in-entry and walk 5 metres in the water with acceptable stability and coordination
2. Swim continuously for 25 metres using an action that resembles a stroke
3. Perform survival scull, float or tread water for 1 minute in deep water. Call for help once within this time
4. Exit water unassisted.

If a student is unable to confidently perform any of the above steps they will not be permitted to compete in their selected races. *All students will view a video presentation of the four steps prior to the swimming carnival.*

A school swimming team will be selected from the results of the day to represent Macgregor at the Belconnen Region Swimming Carnival on March 17, 2021. Please note: the school representative team will be selected on SSACT benchmark times and stroke technique – finishing in the top 4 does not automatically guarantee a child a place in the school team.

Kind regards,

Christine Trull  
Executive Teacher

**Details of the excursion are as follows:**

Location	Dickson Aquatic Centre, 152 Cowper Street Dickson ACT 2602				
Year Group Participating	8 years and older competing swimmers				
Date	Monday 15 February 2021				
Time	9:15am – 2:15pm				
Transport	Bus to and from Dickson Aquatic Centre				
Cost	\$12.00				
Notes Due	Wednesday 10 February 2021				
Anticipated number of students attending	60	Anticipated number of teachers attending	6	Anticipated number of additional adults attending	2
Anticipated temperature range on the day	10.7 to 24.5 degrees Celsius	Anticipated UV on the day	9 (very high)	Long term rain forecast for the day	moderate
What to Bring on excursion	<p>Children must be sunsmart to participate on the day and are encouraged to wear a t-shirt in their house colour rather than their school uniform (please ensure the t-shirt is not a tank or singlet top).</p> <p><b>Students wear their swimmers to school under their clothes.</b></p> <ul style="list-style-type: none"> <li>• swimmers</li> <li>• swimming top (rashie or close weave t-shirt to swim in)</li> <li>• sunsmart hat – strictly <u>no caps</u> (children will take their hat off to compete)</li> <li>• sunscreen 30+ water resistant and labelled sunglasses</li> <li>• towel</li> <li>• a dry change of clothes</li> <li>• a jumper or warm jacket</li> <li>• walking shoes and a plastic bag for wet items</li> <li>• morning tea and a packed lunch. The pool's canteen services is not available to access by the students to purchase items</li> <li>• water drink bottles</li> </ul>				

**PAYMENT INFORMATION**

<b>Name of Excursion:</b>	<i>2021 Swimming Carnival</i> <i>\$12 per student</i>	<b>Quickweb Feecode:</b>	<b>SWIM2021</b>
Quickweb (preferred method) – go to <a href="http://www.macgregorps.act.edu.au">www.macgregorps.act.edu.au</a> – via secure payment tab			
Deposit into account – Macgregor Primary School			
BSB: <b>032777</b> Acc: <b>001578</b> please put name/excursion name as reference			

## **2021 Swimming Carnival Permission Note – DUE Wednesday 10 February**

I give permission for my child \_\_\_\_\_ in class \_\_\_\_\_ to compete at the 2021 Swimming Carnival at Dickson Aquatic Centre on Monday 15 February 2021. I understand that he/she will be in the care of Macgregor Primary School staff for the day and I have read the attached information regarding this excursion and understand what it contains.

Full name of Parent (please print) \_\_\_\_\_

Signature of parent: \_\_\_\_\_ Date: \_\_\_\_\_

### **As Macgregor is an accredited Sunsmart school is essential that:**

- hats are worn by all students and adults attending
- if a child refuses to apply sunscreen or refuses to wear a sunsmart hat or other required sunsmart clothing (like a swim shirt) and parents will be contacted for support.
- sunscreen application reminders and application supervision will occur every two hours.

### **Student Wellbeing**

- Staff accompanying students on excursions will take all reasonable care while the students are in their charge to protect them from injury and to control and supervise their behaviour and activities. A risk assessment for this activity has been completed and is available to view upon request.
- Parents should be aware that staff members are not responsible for injuries or damage to property which may occur on an excursion where, in all circumstances, staff have not been negligent. Parents are advised to warn children of the risk to themselves, to others and to property, of impulsive, wilful or disobedient behaviour.
- The school has made every effort to keep costs for this activity at a reasonable level. Financial assistance may be available to assist families who are not able to make the requested contribution. Please contact the Business Manager. If, however there is insufficient total funding available to meet the cost of the excursion, regrettably we may not be able to proceed.
- The teacher in charge will make arrangements for the welfare of the student (including medical or surgical treatment) in an emergency. The costs associated with any emergency arrangement made by the teacher in charge will be met by the parents/guardians (free ambulance transportation only applies in the ACT).
- The student will be under the authority of the school for the duration of the excursion and that the teacher in charge is authorised to return the student to the school at the expense of the parent/guardian if the teacher in charge considers that circumstances warrant such action and after contacting the parent.

### **Privacy Information**

- If you fill in this form, your personal information and that of your child will be collected and handled by the ACT Education Directorate (ED) (Macgregor Primary School). This information is necessary for us to be able to manage student participation in excursions and support the welfare and safety of your child. If you do not consent to supply us with this information your child will be unable to participate in the excursion.
- Normally we will not use or disclose this information for another purpose, without your consent, unless you would reasonably expect us to use or disclose the information for a related purpose.
- Normally we only share information with school staff and, where necessary, parents or volunteers assisting with the excursion in order to appropriately and effectively manage the excursion.
- The Directorate has a privacy policy that explains how we handle personal information, including how we handle privacy complaints. The policy is available on the Directorate's website ([www.education.act.gov.au](http://www.education.act.gov.au)) on the About Us page.

## Competitors Only - Aquatic Activities Permission

Please return this page to the front office by Wednesday 10 February 2021

<b>Permission for Aquatic Activities and Events</b>		
<p><b>Note: The information that you provide will assist to provide a safe environment for your child's participation in swimming/aquatic activities. As a part of this assessment and to help ensure the safety of your child, please provide the following information:</b></p>		
<b>Name of Child</b>	<b>Class</b>	
<b>My child can float/tread water independently for at least one minute</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>My child can swim</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>My child's swimming strength is</b>	<input type="checkbox"/> Strong	
	<input type="checkbox"/> Average	
	<input type="checkbox"/> Poor	
<b>Distance my child can confidently swim:</b>	<input type="checkbox"/> 50m	
	<input type="checkbox"/> 100m	
<b>I agree to my child taking part in swimming / aquatic activities associated with this excursion.</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Name of Parent/Carer:</b>	<b>Signature:</b>	<b>Date:</b>
<p><b>What would you like us to know about your child's swimming ability?</b></p>   		
<input type="checkbox"/> I have discussed the range of competitive swimming events and the distances; my child is aware that these events will be marshalled through a PA system on the day and they need to be alert to the announcements.		

### Please circle the races your child will enter:

8 years (2012)	9 years (2011)	10 years (2010)	11 years (2009)	12 years (2008)
50m Freestyle	50m Freestyle	50m Freestyle	50m Freestyle	50m Freestyle
	50m Backstroke	50m Backstroke	50m Backstroke	50m Backstroke
	50m Breaststroke	50m Breaststroke	50m Breaststroke	50m Breaststroke
		50m Butterfly	50m Butterfly	50m Butterfly