

Year 4 - Borambola Camp - 2019
What to Bring and Medication Information

Dear Parents and Carers

Departure to Camp

Please have your child at school no later than **7:00am**. The buses will depart at **7:30am** sharp. Students will need to bring their recess food and drink.

What to bring

It is essential that students have suitable clothing for weather conditions as most activities will be happening outside (with indoor sleeping arrangements). Adequate changes of clothing are recommended. It is likely that students will get dirty and/or wet.

Checklist

<ul style="list-style-type: none"> • 2 shirts with sleeves (1 short sleeved, 1 long sleeved, no singlets, sleeveless or midriff tops) • 2 woollen or polar fleece jumpers. • 1 beanie • 1 pairs of shorts • 2 pairs of trousers/track pants • 2 pairs of closed-in shoes • A complete set of clothes (including shoes) suitable for getting very muddy. • Plastic bags for wet and dirty clothes • Warm jacket • Waterproof jacket • Pyjamas • Underwear 	<ul style="list-style-type: none"> • Socks • 2 Towels – for Bathroom and Outdoor • Sunsmart hat (no caps) • Toiletries • Sunscreen • Roll on insect repellent • Water bottle that does not leak • Medication (if required) • Backpack, with drink bottle and recess food • Sleeping Bag OR 2 sheets and 1 pillowcase (pillow supplied by camp). The camp supplies doonas and rooms are heated.
--	--

Luggage

Students need to bring one bag for clothing and their bedding and a small backpack to take onto the bus containing their drink bottle and recess food. Please ensure all items are clearly marked with your child's name.

What not to pack

- Electronic devices including mobile phones
- Lollies/chocolates or carbonated (fizzy) drinks
- Valuables
- Money

Return Time

The buses will return to Macgregor at approximately 3:30 pm on Wednesday 14th August. Updates will be posted on the school's Facebook page.



Reminders

Please label all items of clothing clearly. After the camp contact your child's teacher regarding any lost property.

To ensure all medication needed on camp is correctly labelled and stored, would you please return the following slip along with the medication in a labelled ziplock bag to the front office staff by Friday 9 August. If the medication needs to be refrigerated, please bring it on Monday morning.

****Please make sure you have filled out the on-line medical form. Students cannot attend if this form has not been completed.***

<https://sport.nsw.gov.au/facilities/medicalandconsentform>

Booking Number 561489

Booking Start Date 12/08/2019

If you have any questions, please email Cameron Ryan - Cameron.ryan@ed.act.edu.au

For further information on camp life please go to:

<https://sport.nsw.gov.au/sportandrecreation/facilities/borambola>

Kind regards,

Cameron Ryan, Mark Strutt, Georgia Starling, Simone Xirakis, Millie Butt, Christine Trull

Year 4 – Borambola Camp - 2019
Medication Information

Student's name: _____

Name of Medication(s)	Dosage	Time to be Taken	Additional Notes